



Value Based Care – Website Resources

Body Mass Index

[Calculate Your Body Mass Index](#) - Assessing your weight and health risk associated with obesity

[Healthy Weight Tools](#) - BMI Tables, Healthy weight tools, menu plans, and health weight resources for parents and families.

[U.S. Preventive Services Task Force](#) - Screening for and management of obesity in adults, June 2012. The USPSTF recommends screening all adults for obesity. Body mass index is calculated from the measured weight and height of an individual. No evidence was found about appropriate intervals for screening.

Breast Cancer Screening

[Final Recommendation Statement – Clinical Considerations and discussion](#)

Cervical Cancer Screening

[Summary of recommendations and evidence](#)

Cardiovascular Disease /Congestive Heart Failure

[CDC \(A through Z\) index](#)

[Tools & Protocols, Partners and Progress and Learn](#)

[Treatment Protocols](#)

Chronic Obstructive Pulmonary Disease

[What is COPD? What causes COPD? Who has COPD?](#)

Diabetes

[Are You at Risk? | Diabetes Basics | Living with Diabetes | Food & Fitness](#)

[Order free copies of Diabetes Pro](#)

[Diabetes Forecast: The Healthy Living Magazine](#)

[American Diabetes Association](#) - Standards of medical care in diabetes 2015.

Evidence-Based Recommendations

[Choosing Wisely](#) centers on conversations between providers and patients informed by the evidence-based recommendations of “Things Providers and Patients Should Question.”

Immunizations

[Immunizations schedules](#)

[Vaccine Recommendations of the ACIP](#) - Advisory Committee on Immunization Practices. General recommendations on immunizations Vaccine-preventable diseases that occur in infants, children, adolescents, or adults.

Meaningful Use

[Definition & Objectives](#) – Meaningful Use defined | How to attain Meaningful Use | HER Incentive programs | HER Incentive payment timeline

Preventive Care and Screening Measure - Tobacco Use Assessment and Intervention

[Tips](#) on quitting tobacco – Daily Challenges, support on your phone, Quit Plan and Smokefree text.

- [Smart app](#)

[American Cancer Society](#) - Guides to quitting smoking and quitting smokeless tobacco, as well as links to the [Quit For Life® Program](#), a telephone-based coaching and Web-based learning support service to help people quit smoking.



Preventive Pediatric Health Care

[American Academy of Pediatrics](#) - Recommendations for preventive pediatric health care.

Quality Measures

[National Quality Forum](#) – What is NQF? | How NQF works? | Working with NQF | Measures, Reports & Tools | News & Events

[Centers for Medicare & Medicaid Services](#) – What are Quality Measures and how are they developed?

[HEDIS & Performance Measurement](#) – HEDIS technical resources, research, reports, etc.

Risk Stratification

[Risk-Stratified Care Management](#) – High Impact Change

[Advisory Board](#) – Meet The Experts and latest on Risk Stratification